

Quiz

Smoking and mental health

Please answer the quiz questions below to the best of your ability.

Q1: What % of people with SMI in England smoke?

- ☐ 20%
- ☐ 30%
- ☐ 40%
- ☐ 70%

Q2: What is the main reason patients with SMI have a shorter life expectancy?

- ☐ Suicide
- ☐ Smoking-related illness
- ☐ Accidents
- ☐ Other

Q3: Individuals with mental health illness don't want to quit.

- ☐ True
- ☐ False

Q4: Treating tobacco use is detrimental to recovery and/or mental health illness

- ☐ True
- ☐ False

Q5: People with severe mental illness find it virtually impossible to quit

- ☐ True
- ☐ False

Q6: The same evidence-based treatments that work for the general population are also effective for people with SMI

- ☐ True
- ☐ False